m powered strategies

Consulting Boot Camp for Professionals

Get in Consulting Shape!

Acquire the skills you need to advance your consulting career.

M Powered Strategies offers concentrated, up-to-date courses in business skills and interpersonal communications that professionals need to advance their careers and tackle the demands of today's workplace. Attendees participate in two classes per day on topics that address organizational issues and challenges that executives and top-level professionals face on a daily basis. You can take the full 20-course curriculum in two consecutive weeks (Orange week plus Blue week) or register for one week (10 classes) at a time.

More than just training, it's professional development.

The Boot Camp suite of interactive courses, taught by experienced and certified instructors, is designed to provide a general survey of knowledge, skills, and capabilities that can be put to use immediately.

Benefits of MPS Consulting Boot Camp

- Consultant training covers 3 key areas: General Business Skills, Knowledge Domains, and Interpersonal Effectiveness.

- Small classes are capped at 12 students, so you will receive individual attention.

- Cost effective compressed schedule provides 70 contact hours over two weeks, covering topics that usually take months to cover.

- Courses are taken from MPS' ANSI-certified Professional Readiness and Effectiveness Program (PREP).

- Courses may be applied to ASTD recertification and PMI PDUs.

- Students are evaluated and trained in personalized industry-standard reports including Myers-Briggs Type Indicator®, DiSC® Personality Assessment, Emotional Quotient Inventory (EQ-i® 2.0), and Strength Deployment Inventory® Test.

- Courses are conducted at our convenient downtown location.

Upcoming Sessions

Orange: April 21 - April 25
Blue: April 28 - May 2

Orange: June 2 - June 6
Blue: June 9 - June 13

Orange: July 14 - July 18
Blue: July 21 - July 25

Orange: August 18 - August 22
Blue: August 25 - August 29

Pricing

Per individual per week

Individual 1st week: $1,200
Individual 2nd week: $1,100
Group of 2 - 4: $1,100
Group of 5 - 11: $1,000
Group of 12: $900

For more information, contact:

Nicole Baillis
440.213.9257

nicole.baillis@
mpoweredstrategies.com

M Powered Strategies
1616 H Street, NW, Suite 1010
Washington, DC 20006

202.628.3115

www.mpoweredstrategies.com

MPS Consulting Boot Camp Course Schedule

Orange Week

DAY	COURSE NAME	COURSE DESCRIPTION
MON	Meeting Management & Facilitation: Orchestrating the Group Dynamic	Participants learn to manage meetings effectively, and to deliver a consistent standard of facilitation to clients. The roles and work streams related to scribing and logistics management, as well as facilitation best practices, are applied to realistic meeting scenarios.
	Understanding Behavior: DiSC® Workplace Styles	The course outlines how to interpret personal patterns of behavior as well as how to make adjustments for maximum effectiveness when working with others. Participants complete an assessment in advance, and receive a DISC® Workplace Style report in class.
TUES	Problem Solving and Decision-Making Tools and Techniques Part 1	The first of two half-day courses that cover 16 of the most common methods of evaluation, analysis, and idea generation.
	Quality Management of Consulting Work Products	Participants learn industry standard Quality Management theory, quality control of documentation (best practices and useful Microsoft Office tools), email etiquette, and quality email communication.
WED	Problem Solving and Decision-Making Tools and Techniques Part 2	The second of two half-day courses on the methods of evaluation, analysis, and idea generation.
	Principles of Effective Communication	Participants learn how to communicate essential information clearly and concisely in both written and oral executive summaries, as well as develop targeted messaging for specific audiences.
THUR	Introduction to Software Development Lifecycle (SDLC) and Agile Development Methodology	Participants learn the SDLC and the basics of Scrum, an Agile Development Methodology, which is currently favored in corporate and government environments. The focus of this course presents Scrum as a non-technical, collaborative technique for developing requirements.
	Myers-Briggs Type Indicator® (MBTI): Understanding Type	Each participant receives an MBTI Step One assessment and learns how to use this tool to better understand personal preferences and how they can be used bring about more constructive interactions with others.
FRI	Understanding the Federal Budget Cycle	This training includes a brief history of the federal budget, the federal budget process, federal IT budgets and OMB Exhibit 300 requirements, as well as in-depth coverage of the federal budget schedule and how it is developed and executed.
	Myers-Briggs Type Indicator® (MBTI): Type Dynamics/Development	With an understanding of MBTI personality types, this course covers type dynamics and type development to facilitate individual growth and effective relationship-building.

Blue Week

DAY	COURSE NAME	COURSE DESCRIPTION
MON	Emotional Quotient Inventory (EQ-i® 2.0): Enhancing Proficiency in Complex Work Environments	The EQ-i® model in this training is based on a framwork of five areas of emotional intelligence: Stress Management, Self-Perception, Self-Expression, Interpersonal Skills, and Decision Making. Participants are assessed and learn how emotional intelligence impacts individual professional performance, as well as the performance of clients and teams. Strategies to build on areas of strength and identify areas for improvement are also covered.
	Introduction to Strategic Planning	This training uses real life organizational examples and team exercises to develop an understanding of the elements of Strategic Planning—Environmental Scan & Identity, Strategic Themes and Objectives, Performance Measures, Strategic Initiatives, and Evaluation—and the value that effective Strategic Planning brings to an organization.
TUES	Project Management: Concepts for Consulting, Part 1	The purpose of this 2-part series is to develop a foundational understanding of the 6 key Knowledge Areas of Project Management that are useful in consulting. In the first session, participants learn about Scope (project definition and requirements gathering), and effective ways to estimate Time and Cost.
	Project Management: Concepts for Consulting, Part 2	Building on Concepts for Consulting, Part 1, the three remaining Knowledge Areas are covered: Risk, Quality, and Organizational Communication.
WED	Introduction to Business Process Model & Notation	Participants examine the five characteristics of a well-defined process and learn how to create and use the BPMN system of process documentation.
	Introduction to Program Management	Participants learn the key aspects of the Program Management Body of Knowledge: 5 Domains, 3 Phases, and 9 Supporting Management Processes. The course includes group activities in program definition, milestone development, benefit alignment, stakeholder identification, and governance.
THUR	Program Evaluation: Quantitative & Qualitative Skills and Tools	This course is oriented toward skills that will prove useful in the consulting world. Besides gaining an understanding of best practices in cost and cost-benefit analysis, participants will learn how to conduct site visits, interviews, and focus groups for qualitative implementation research, and how to interpret common impact analysis methods and results.
	Principles of Organizational Design: A Comparative Approach for Government Application	This training provides an overview of Organizational Design (OD) theory along with case studies. Attendees will learn how to define and frame organizational problems, how to plan for and solve OD pitfalls and glitches, and best practices associated with change management to help organizations maintain their effectiveness.
FRI	Developing Relationship Awareness: Strength Deployment Inventory® (SDI®)	Understanding internal motivation and conflict patterns are key elements of interpersonal effectiveness and conflict resolution. Participants learn the basics of Relationship Awareness Theory and validate their Motivational Value System (MVS) and Conflict Pattern results to gain a complete understanding of how to build healthy relationships.
	Introduction to Conflict Management Services: Managing Workplace Conflict	When addressed strategically, conflict can be used to help strengthen and improve an organization, its teams, and the bottom line. Dispute Resolution Specialists certified by the Mediation Training Institute teach methods for identifying conflict, preventing it, and how to apply mediation practices to manage and resolve conflict.